This instruction sheet is designed to help you care for your ear following surgery, and to answer many of the commonly asked questions. Please read the entire sheet carefully. Don’t hesitate to call our office 613-544-3400 x3620 if you have a question or concern. If Mary cannot answer your questions, the doctor will return your call or you will be asked to come to the office.

Leaving the Hospital
- Have family/friends drive home slowly to minimize dizziness.

Home Care-The First Few Days
- It is normal for the ear to drain for a few days. The drainage can be blood-tinged or brown. If the drainage become yellow, green, or has a foul smelling odor, call Dr. Beyea’s office.
- **Do not clean the ear canal with cotton swabs.**
- The auricle (outer ear) can be wiped gently with a soft cloth or cotton swab to remove dried blood, but if the ear is tender this is not necessary.
- You may wash your hair 2 days after surgery. **Keep all water out of the ear canal** by using a cotton ball heavily coated with antibiotic ointment placed in the outermost part of the ear canal.
- You may hear a variety of noises in your ear such as cracking and popping. This is part of the normal healing process.
- You may not be able to hear well from the operated ear(s).
- It is not uncommon to feel slightly dizzy or lightheaded.

Home Care-After the First Few Days
- Any drainage from the ear should begin to decrease and pain should also subside. You may need to continue taking Ibuprofen or Tylenol for mild pain relief.
- **Continue to keep all water out of the ear canal.**

First Follow-up Appointment
- You will be given a follow-up appointment with Dr. Beyea prior to leaving the hospital.

Call office if:
- Increased pain not relieved by prescription medications.
- Large amounts of bleeding from the ear area.
- Pus/Foul smelling drainage from the ear.
- Redness in the ear area.
- Temperature over 38°C on 2 consecutive readings.
- Severe dizziness